

CTC Lancaster & South Lakes

Bowland Forest Populaire:

Sunday, 14th June 2015:

Bull Beck Car Park, Caton nr Lancaster.

Grid ref.: SD 543 648

Modified course of 106kms / 66 miles

Now that the bridges over the River Lune: the Crook o'Lune, Halton and Loyn Bridge are available again this year's route has been extended to the north of the river through Halton, Aughton & Gressingham. This avoids that awkward right turn on the A683 en route to Wray.

There are controls at Halton Bridge (4km) & Slaidburn (44km) plus information points at Wray (19.4km), Waddington (58.2km) & Chipping (71.4km). This is a challenging, hilly course but with a generous time allowance of up to 8 ½ hrs.

Further details, route sheets & entry forms:

Entries cost £5 [£3 to members of CTC and/or Audax]

Entry forms available from the organizer:

Mike Hutchinson – 'phone 01524 36061

e-mail: mikehutchinson@fastmail.fm

Entry forms and brief details also available from the Audax website:

www.audax.uk.net